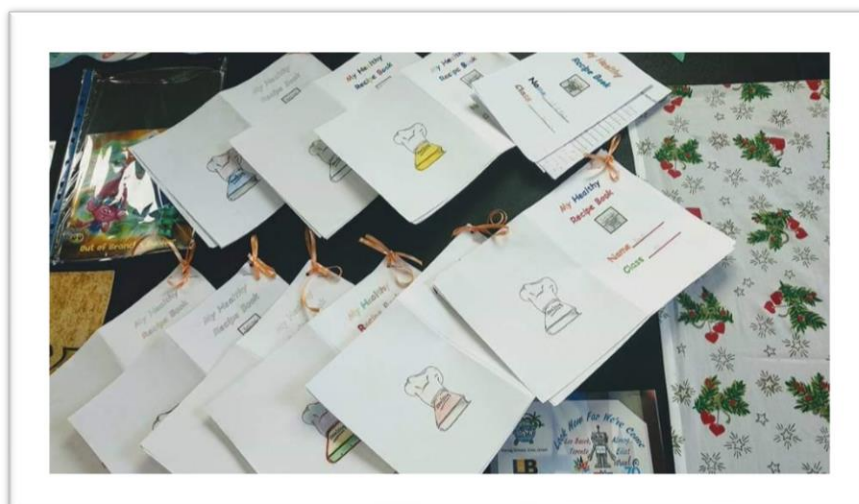


Healthy LifeStyle in "Almog" - By Yulia Michurin, 2018-2019



This is the sixth year in "Almog" school when a central topic for English lessons is chosen. There are several reasons for this decision: English as a language and a subject allows to teach everything - it's all about opening the door to the world for my pupils. Another reason is related to the **M**otivation element of teaching. When there are special events that relate to English, it brings the subject to the first place at school and makes it more interesting and enjoyable (and when we like something, we try do more of it, despite possible difficulties that may be connected to language acquisition). Thus, I already had a year of **Disney** - when fifth graders participated in "Peter Pan" show; a year of "**Flat Stanley**" when we practiced writing with the help of this character and celebrated his birthday in the framework of the English Day; a year of **Music** - when the whole school participated in a school Musical; a year of "**Collections**" - when we "collected" words and designed a digital game, called "AlmoGo". This year was dedicated to the topic "**Healthy LifeStyle**", which is an important, relevant and "fruitful" topic.

In the framework of this topic we had several events related to English. These events included:
participation in a long school walk and designing special



shirts, creating healthy recipe books, organizing English and Sport Day together with

our physical education teacher, and two bigger events - "The Spelling Bee Contest" for fifth and sixth grades and "Festival of Colors" for third and fourth grades.



The Spelling Bee Contest consisted of preparation during the lessons (word practice, creating word boxes and keeping notes there with the words and sentences on them, spelling simulations etc.) The two first rounds took place at the English Room and the big and festive Final took place at our ceremony hall. The contestants had to learn 50 words in

English related to Sport, Health and Food. That is why two basketball players from "HaPoel Eilat" basketball team, who originally came from the States were invited to dictate the words for pupils to spell. The participants got participation and "winner" certificates.



They also got precious presents - books in English. The proud parents were also invited to share the excitement. The following short movie was presented to them:

<https://youtu.be/D4B0eU-OnKg>



The pupils wrote "Thank you" Letters to the Basketball Players.



The second event was called "Festival of Colors". Its rationale included the relevance of the vocabulary that is taught and repeated in third and fourth grades, the actual date was close to Purim celebrations and, of course, its connection to Healthy Food or "Rainbow Foods".



The event took place outside the classrooms. It included seven stations: **A Speaking Station** - the pupils looked at Butterflies (see the photos) and in 30 seconds had to say as many colors as possible, using the sentence starter: "I see..." - while this activity, they were called to get a small painting on their face, such as a rainbow, a butterfly or

a heart. **A Reading Station** - the pupils listened to the story "What Makes a Rainbow", written by Betty Schwartz and then had to color the rainbow according to color codes.

A parachute and a ball station - while playing, the pupils had to shout names of colors in English. **A drawing and coloring station**, which included painting, using the "magic

paintbrushes" and matching real vegetables to its names, thus creating a colorful tail of

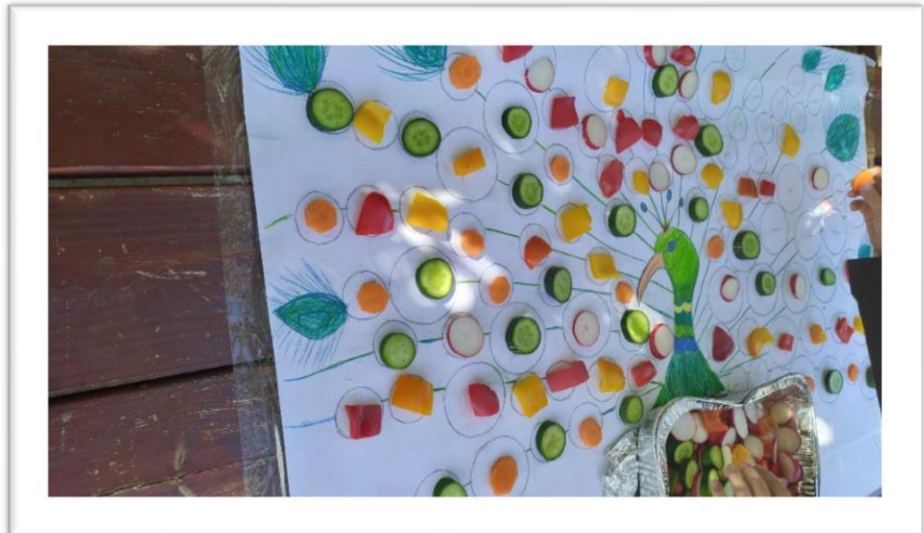
peacock. **Robotics station** - programmed by our pupils robots were looking for

colors, using the color

sensor; when finding one - the robots sounded out the name of the color. **The**

"supermarket" station - the students had to categorize colorful toys of fruit and vegetables in supermarket bags that had flashcards of colors on them and finally, **the**

Science Station - that was organized in cooperation with our Science Teacher. The station presented "light/color games", called the "The Colors of the Sun". It is important to notice that the stations were in responsibility of our fifth graders, who said in the end of the day:" Now we know - it is difficult to be a teacher". The third and fourth graders were divided into seven groups - per seven colors. They moved from station to station, using the music as a sign for transition (English songs about colors).





It is indeed, a colorful year in "Almog" school. Colorful in English!

The English Room changes *every* year according to the yearly topic. Next year will be dedicated to strengthening the Speaking Skills. A speaker's corner will be built in the room 😊



Life is colorful - enjoy it!